

Merienda weights 2017

Light new weight

Researchers from the journal reviewed a host of data and evidence published on insect-bite treatments. It concluded in many cases treatments for insect bites had not actually been tested for such purposes. It said medical help should clearly be sought if serious symptoms, such as infections or anaphylactic shock, developed. But it said for simple bites a flannel or cloth soaked in cold water often worked best - despite advice from official bodies, such as NHS Choices, suggesting treatments should be used. David Phizackerley, the deputy editor of the journal, said: "People are using these treatments so they should know there is no evidence they work. [Most] bites will get better on their own." Hungry bugs placed on shaved arms were more likely to try to feed compared

RESEARCHERS FROM THE JOURNAL REVIEWED A HOST OF DATA AND EVIDENCE PUBLISHED ON INSECT-BITE TREATMENTS. IT CONCLUDED IN MANY CASES TREATMENTS FOR INSECT BITES HAD NOT ACTUALLY BEEN TESTED FOR SUCH PURPOSES. IT SAID MEDICAL HELP SHOULD CLEARLY BE SOUGHT IF SERIOUS SYMPTOMS, SUCH AS INFECTIONS OR ANAPHYLACTIC SHOCK, DEVELOPED. BUT IT SAID FOR SIMPLE BITES A FLANNEL OR CLOTH SOAKED IN COLD WATER OFTEN WORKED BEST - DESPITE ADVICE FROM OFFICIAL BODIES, SUCH AS NHS CHOICES, SUGGESTING TREATMENTS SHOULD BE USED. DAVID PHIZACKERLEY, THE DEPUTY EDITOR OF THE JOURNAL, SAID: "PEOPLE ARE USING THESE TREATMENTS SO THEY SHOULD KNOW THERE IS NO

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